

# Yggdrasil's path 2024-25: Dates for my diary

Yggdrasil's Path is a facilitated journey of discovery into northern tradition shamanic practice. Through the journey you will:

- Access personal and collective wisdom through seership and direct revelatory experience
- Honour and connect with the earth-centred spirituality of northern Europe
- Work with the concept of the woven soul to access soul clan, personal guides and step into wholeness
- Discover shared and personal places of power and wisdom beyond the veils of our 'ordinary' reality

## Preparatory and main sessions

All Yggdrasil's Path participants complete 2 live trainings on rune healing for others ahead of the core programme. This is to ensure you have a common energetic 'vocabulary' to support others with rune healing and do your own healing during your journey as required. Rune Healing for Others is a course in its own right with additional content and an assessed element not part of the Yggdrasil's Path programme. The course is also open to Awaken graduates so not everyone in these two live sessions will be part of your Yggdrasil's Path cohort.

Rune Healing for Others runs twice each year – you can participate on either occasion.

## Notifications and joining information

You will receive emails with your joining information for all live sessions. In addition, your Yggdrasil's Path live sessions will have links in the dedicated Facebook group that you can add to your diary. Your Zoom room for Yggdrasil's Path will be the same for every session. Our sessions will also be live streamed into the group so you can catch up with them again later.

All real-time sessions are London time. You can use a converter to work out the time they will be in your location e.g. <https://www.timeanddate.com/worldclock/converter.html>



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### PREPARATORY SESSIONS

**Thu 9<sup>th</sup> May 2024 10:00-13:00** Rune Healing for Others – session 1

**Tue 14<sup>th</sup> May 2024 10:00-13:00** Rune Healing for Others – session 2

OR

**Thu 19<sup>th</sup> Sep 2024 10:00-13:00** Rune Healing for Others – session 1

**Thu 26<sup>th</sup> Sep 2024 10:00-13:00** Rune Healing for Others – session 2

### YGGDRASIL'S PATH SESSIONS

**Thu 31<sup>st</sup> Oct 2024 10:00-13:00** Welcome and preparation

**Thu 7<sup>th</sup> Nov 2024 10:00-13:00** Soul Clan and connection 1

**Fri 8<sup>th</sup> Nov 2024 10:00-13:00** Soul Clan and connection 2

**Thu 21<sup>st</sup> Nov 2024 10:00-13:00** Wholeness and purpose 1

**Fri 22<sup>nd</sup> Nov 2024 10:00-13:00** Wholeness and purpose 2

**Thu 5<sup>th</sup> Dec 2024 10:00-13:00** Journeying and wisdom 1

**Fri 6<sup>th</sup> Dec 2024 10:00-13:00** Journeying and wisdom 2

**Thu 19<sup>th</sup> Dec 2024 10:00-13:00** Journey design and hosting 1

**Fri 20<sup>th</sup> Dec 2024 10:00-13:00** Journey design and hosting 2

**Fri 20<sup>th</sup> Dec 2024 14:00-15:00** Coaching support session

**Thu 9<sup>th</sup> Jan 2025 10:30-11:30** Coaching support session

**Thu 16<sup>th</sup> Jan 2025 10:00-13:00** Journey design and hosting 3

**Fri 17<sup>th</sup> Jan 2025 10:00-13:00** Journey design and hosting 4

**Thu 23<sup>rd</sup> Jan 2025 10:00-13:00** Reflections and closing ceremony

