

Yggdrasil's path 2023-24: Dates for my diary

Yggdrasil's Path is a facilitated journey of discovery into northern tradition shamanic practice. Through the journey you will:

- Access personal and collective wisdom through seership and direct revelatory experience
- Honour and connect with the earth-centred spirituality of northern Europe
- Work with the concept of the woven soul to access soul clan, personal guides and step into wholeness
- Discover shared and personal places of power and wisdom beyond the veils of our 'ordinary' reality

Preparatory and main sessions

Everyone who does Yggdrasil's Path must have completed two live trainings from the 'Rune Healing for Others' Magin Rose course. This is to ensure you have a common energetic 'vocabulary' to support others with rune healing and do your own healing during your journey as required. Rune Healing for Others is a course in its own right with additional content and an assessed element not part of the Yggdrasil's Path programme. The course is also open to Awaken graduates so not everyone in these two live sessions will be part of your Yggdrasil's Path cohort.

If you are only on Yggdrasil's Path you only need the dates below. If you are doing the full Rune Healing for Others course you will get separate information about your other content and dates.

Notifications and joining information

You will receive emails with your joining information for all live sessions. In addition, your Yggdrasil's Path live sessions will have links in the dedicated Facebook group that you can add to your diary. Your Zoom room for Yggdrasil's Path will be the same for every session. Our sessions will also be live streamed into the group so you can catch up with them again later.

All real-time sessions are London time. You can use a converter to work out the time they will be in your location e.g. <https://www.timeanddate.com/worldclock/converter.html>



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PREPARATORY SESSIONS

Thu 28th September 2023 10:00-13:00	Rune Healing for Others (1)
Thu 5th October 2023 10:00-13:00	Rune Healing for Others (2)

YGGDRASIL'S PATH SESSIONS

Thu 26th October 2023 10:00-13:00	Welcome and preparation
Thu 2nd November 2023 2023 10:00-13:00	Soul Clan and connection 1
Fri 3rd November 2023 10:00-13:00	Soul Clan and connection 2
Thu 16th November 2023 10:00-13:00	Wholeness and purpose 1
Fri 17th November 2023 10:00-13:00	Wholeness and purpose 2
Thu 30th November 2023 10:00-13:00	Journeying and wisdom 1
Fri 1st December 2023 10:00-13:00	Journeying and wisdom 2
Thu 14th December 2023 10:00-13:00	Journey design and hosting 1
Fri 15th December 2023 10:00-13:00	Journey design and hosting 2
Tue 19th December 2023 12:00-13:00	Coaching support session
Thu 4th January 2024 10:00-11:00	Coaching support session
Thu 11th January 2024 18:30-21:30	Journey design and hosting 3
Fri 12th January 2024 10:00-13:00	Journey design and hosting 4
Thu 18th January 2024 10:00-12:00	Reflections and closing ceremony

